Lava Flow

Ingredients

1/2 c Strawberries (frozen)
3 oz Pineapple Juice
3 oz Coconut Cream
1/2 Banana
1 c Ice
1 oz Half and Half

Instructions

1.In a blender blend the strawberries and 1 ounce of the pineapple juice and the half and half until smooth.
2.Pour the strawberry mixture into a glass, or divide evenly into multiple glasses if making more than 1 serving.
3.Clean the blender well. Add the remaining pineapple juice, cream of coconut, banana, and ice. Blend until smooth. Slowly pour the pineapple mixture into the glass with the strawberry mixture.