

# Royal Milk Tea

## Ingredients

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- 1 c Water
- 3 t Black Tea Leaves
- 1 c Whole Milk
- 1 t Dark Brown Sugar

## Instructions

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1. Boil the water in a small saucepan over medium heat, then turn to low heat. Add the black tea leaves and simmer over low heat for 60 seconds. Don't overcook, or the tea will become bitter.
2. Pour in the milk and cook over low heat until warm, 3-4 minutes. Turn off the stove, add dark brown and stir well.
3. Pour the milk tea through a mesh strainer into 2 serving cups. Serve hot milk tea. For cold tea, you can pour it over ice cubes for iced tea.