

Mango Sorbet

Ingredients

2 c Mangoes (frozen)

1 T Honey

1/4 c Coconut Cream

Instructions

In a blender add mangoes, honey and coconut cream. Pulse mangoes until they are broken up. Increase blender speed until mangoes mix with the other ingredients and turn smooth and creamy. Scrape the blender a few times to get the right consistency. Serve immediately or freeze to enjoy later.