

# Vietnamese Avocado Smoothie

## Ingredients

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1/2 Avocado  
2 T Sweetened Condensed Milk  
2/3 c Milk  
1/2 t Vanilla Extract  
1/2 c Ice

## Instructions

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Scoop the avocado flesh into a blender. Add the remaining ingredients. Let it chill in the fridge for 15 minutes and then enjoy!