Kale With Sesame Dressing

Ingredients

12 oz Tuscan Kale
1 T Olive Oil
1 T Sesame Seeds (toasted)
1 T Tahini
2 t Soy Sauce
2 T Mayonnaise
1 t Honey

Instructions

1.Combine sesame seeds, tahini, soy sauce, mayonnaise, and honey in a large bowl and mix well. Set aside.
2.Cut kale into 1-inch slices. In a pan on high add the olive oil. Stir fry kale until softened but still bright green. Add the kale to the bowl and toss to coat with dressing. Serve immediately.