

Strawberry Banana Popsicle

Ingredients

8 oz Plain Yogurt
1 c Strawberries (hulled)
1 Banana (peeled and chopped)
1 T Honey

Instructions

Using a blender, puree all the ingredients; add enough water to make the mixture pourable. Pour into a freezer-pop mold and freeze until solid, 4 to 5 hours.