

Lemon Yogurt Chicken

Ingredients

- 4 Chicken Breast
- 1 c Plain Yogurt
- 2 T Lemon Juice
- 2 T Vegetable Oil
- 2 T Onions (grated)
- 1 T Honey
- 3 clv Garlic (minced)
- 1/4 c Parsley (minced)
- 1 t Salt

Instructions

- 1.Mix together the yogurt, lemon juice, vegetable oil, onion, honey and garlic and mix well.
- 2.Place chicken in a bowl or dish and pour marinade over it and marinate for at least 3 hours.
- 3.On a prepared grill cook chicken, basting with marinade every 10 minutes, until juices run clear and chicken is cooked through.