

Frozen Chocolate Bananas

Ingredients

- 2 Bananas (halved)
- 6 oz Dark Chocolate (or chocolate chips)
- 2 T Vegetable Oil

Instructions

1. Line a baking sheet with nonstick mat. Cut the bananas in half and insert a popsicle stick into each half. Place them on the baking sheet and freeze for 15 minutes.
2. Meanwhile, melt the chocolate with the oil in a measuring cup in the microwave (check it every 30 seconds) Stir until smooth.
3. Roll each banana half in the chocolate. If you want to add toppings, then quickly sprinkle with your topping. Place back onto baking sheet.
4. Freeze until the chocolate sets, 30 minutes. Serve or freeze in an airtight container for up to a week.