Barbados Planter's Punch Drink

Ingredients

3 oz Gold Rum
1 oz Lime Juice
1/2 t Superfine Sugar
2 ds Angostura Bitters
5 oz Sparking Water
0 ds Ground Nutmeg

Instructions

Put all of the ingredients in a shaker with cracked ice and pour into a chilled collins glass. Garnish with a slice of orange, a slice of banana, a maraschino cherry and sprinkle with nutmeg.