

# Roasted Baby Carrots

## Ingredients

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1/4 c Balsamic Vinegar  
1/4 c Olive Oil  
2 T Maple Syrup  
1/2 t Red Pepper Flakes  
1 1/2 lb Baby Carrots  
0 ds Salt  
0 ds Ground Black Pepper  
2 T Parsley (chopped)

## Instructions

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- 1.Preheat oven to 400°. In a large bowl, combine vinegar, oil, syrup, and red pepper flakes.
- 2.Add carrots, season with salt and pepper and toss to coat. Place carrots on a large baking sheet lined with parchment paper, being to sure not to overcrowd.
- 3.Roast until carrots are fork-tender and slightly charred, 30 minutes. Garnish with parsley to serve.