

Baked Sweet Potatoes

Ingredients

- 4 Sweet Potatoes (5 1/2 oz. each)
- 0 ds Salt
- 0 ds Ground Black Pepper

Instructions

- 1.Preheat oven to 425F. On a baking sheet, lined with foil prick sweet potatoes all over with a fork.
- 2.Bake until tender, or until a fork inserted in the thickest part has no resistance, 45 to 50 minutes.
- 3.Let cool, then split the tops open with a knife. Season with salt and pepper and add your favorite toppings.