

Sweet Potato Latte

Ingredients

1/2 c Sweet Potato Puree
2 c Milk
3 T Maple Syrup
1/2 t Ground Cinnamon
1/2 t Ground Ginger
1/4 t Ground Cloves
1/4 t Ground Nutmeg

Instructions

1. Add all ingredients to a pot. Using an immersion blender, blend up the mixture until it becomes foamy and the sweet potato is totally blended up. It will be quite foamy and aerated.
2. Place pot on medium high heat and heat until warmed through. Serve immediately.