

Ginger Milk Tea

Ingredients

2 c Water
2 Black Tea Bags
2 T Ginger (grated)
2 T Honey
1/2 c Milk

Instructions

1. In a small pot, bring the water and grated ginger to a boil, then lower the heat and simmer for 3 minutes. Remove from the heat and add the tea bags to steep. Let stand for another 3 minutes.

2. Add honey and milk, stir to dissolve. Strain the ginger tea through a fine mesh strainer. Divide the ginger tea into two mugs and serve.